



## OCA OT-nurse self-assessment skill list

I certify that the given information is complete, correct and true

Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

1. Which subspecialty are you familiar with? Please tick and fill out years of experience.

Instrument (Scrub) nurse <input type="checkbox"/>	_____ years of experience
Circulating nurse <input type="checkbox"/>	_____ years of experience
RN first assistant nurse (RNFA) <input type="checkbox"/>	_____ years of experience
Post anaesthesia care unit (PACU) <input type="checkbox"/>	_____ years of experience

2. Please describe what management training and experience you have (include year):

3. What type of life support training do you have (BCLS, ACLS, ATLS)? (include year)

4. What is your level of familiarity in regards to below surgeries? Please tick.

Type of surgery	Not Familiar	Familiar	Very Familiar
Appendectomy (open)			

Laparotomy			
Paediatric surgery			
Abscess drainage			
Debridement (changing dressing under anaesthesia)			
Hernia Repair			
Head and neck surgery			
Plastic surgery (local and regional flaps)			
Penetrating trauma (knife wounds, gun shots)			
Urology			
War surgery (blast injuries, high velocity GSW, etc.)			
Closed reduction of fracture/casting			
External fixation			
Open fractures			
Amputations			
Internal fixation			
Chest tube insertion			
Caesarean sections			
Hysterectomy			
Skin grafts			

5. Please tick your level of familiarity to these equipment's and procedures:

Category	Equipment / Procedures	Not familiar	Familiar	Very Familiar
<b>MSF Equipment</b>	Surgical pump suction			
	Electrical cautery			
	Electric/Dermatome			
	Tourniquet			
	Power drill			
	O2 Concentrator			
<b>OT-safety</b>	Sharps (handling and disposal)			
	Surgical checklists			
	Counts (sponges, sharps, instruments)			
	Informed consent for			

	surgery			
	PPE (Personal Protective Equipment)			
<b>Specific skills for INSTRUMENTALIST</b>	Surgical hand washing			
	Surgical dressing placement			
	Donning sterile gloves/gown			
	Preparation of MAYO table based on surgical need			
	Prepare OT room and equipment based on surgical need			
	Maintaining sterile field			
	Counting – compresses/instruments			
	Knowing the names/uses of instruments and anticipating their need			
	<b>Hygiene &amp; Sanitation</b>	Setting up and maintaining a sterile field		
Cleaning & disinfection of instruments and medical devices				
Handling storage of sterile supplies				
Loading and unloading autoclave				
Patient hygiene procedures before entering the OT				
Sterilisation with steam autoclave				
Assess sterilized package integrity				
Drying				
Wrapping				
Laundry – triage, cleaning and disinfection of linen				
Waste management				
<b>Practical skills/techniques</b>	IV-cannulation			
	Insertion Urinary			

	catheter			
	CPR			
	Airway management			
	Wound care			
	Use of negative pressure wound therapy (VAC)			
	Administration of IV-drugs & fluids			
	Administration of oral/rectal drugs			
	Monitoring and assessing vital signs (BP, pulse, respiration, pulse oximetry & temperature)			
	EKG			
<b>General Procedures</b>	Prepare OT-room and equipment based on patient's surgical need			
	Performing a "Sign in" procedure (WHO standards for safe surgery)			
	Performing a "Time out" procedure (WHO standards for safe surgery)			
	Performing a "Sign out" procedure (WHO standards for safe surgery)			
	Safe transfer of patient onto OT-bed and padding of pressure points			
	Proper patient positioning (supine, lateral, prone, lithotomy)			
	Post op care including mobilization, prevention of pressure sores, blood clots, atelectasis			